

Effective from Session: 2024-25							
Course Code	A090601T/ HS329	Title of the Course	COMMUNITY AND HEALTH PSYCHOLOGY	L	T	P	C
Year	III	Semester	VI	4	0	0	4
Pre-Requisite	Intermediate (10+2)	Co-requisite	None				
Course Objectives	To introduce students to the basic concepts of the field of community and health psychology with an emphasis on applications of psychology in everyday life.						

Course Outcomes

CO1	Understanding about the Community and Health Psychology and demonstrate command of the basic terminology, concepts, and principles of the discipline.
CO2	Enable to Identify and compare the major Approaches of Community Psychology.
CO3	Knack to link up theory with individual experiences and able to understand Community Intervention Issues
CO4	Understanding about the Community Interventions
CO5	Gain knowledge of the nature and principles of Health Psychology as well as the models of Health Psychology.
CO6	Knowledge about the Health Behaviours and Health Belief Model
CO7	Understanding of the Natures and Types of Stress and Health and Stress Management.
CO8	Enable to understand Chronic Illnesses.

Unit No.	Title of the Unit	Content of Unit	Contact Hrs.	Mapped CO
1	Community Psychology	Nature, Historical Development, Fields of Community Psychology.	7	CO1
2	Approaches of Community Psychology	Mental Health Approach; Social Problem Approach	8	CO2
3	Community Intervention Issues	Poverty and Prolonged Deprivation; Marginalization; Migration and Immigration Issues; Superstitions in Indian Society.	8	CO3
4	Community Interventions	Community Mental Health; Gender, Discrimination and Power Issues Related Interventions; School Intervention; Rural Development Intervention.	7	CO4
5	Health Psychology	Nature, Development and Goals of Mental Health Psychology, Biopsychosocial Model of Health.	6	CO5
6	Health Behaviours	Health Compromising and Health Enhancing Behaviours; Theories of Health Behaviour: Health Belief Model, Planned Behaviour and Reasoned Action Theory.	8	CO6
7	Stress and Health	Natures and Types of Stress, Stress Appraisal; Coping with Stress; Psychological Moderators of Stress (Hardiness, Social Support and Optimism).	8	CO7
8	Chronic Illnesses	Coronary Heart Disease (CHD) and Diabetes: Major Symptoms, Diagnosis and Psychological Correlate.	8	CO8

Reference Books:

1. Dalal, A.K. (2016). Cultural Psychology of Health in India: Well-being, Medicine and Traditional Health Care. New Delhi: Sage Publications India Pvt. Ltd.
2. Dalal, A.K. (2015). Health Beliefs and Coping with Chronic Diseases. New Delhi: Sage Publications India Pvt. Ltd.
3. Ghosh, Manika (2015). Health Psychology: Concepts in Health and Well-being. New Delhi: Pearson.

e-Learning Source: - <http://www.apa.org> <http://heeccontent.upsdc.gov.in/Home.aspx>

Course Articulation Matrix: (Mapping of COs with POs and PSOs)

PO-PSO CO	PO1	PO2	PO3	PO4	PO5	PO6	PO7	PSO1	PSO2	PSO3	PSO4	PSO5	PSO6	PSO7	PSO8
	CO1	3	2	2	2	2	3	2	3	3	3	2	2	2	3
CO2	3	3	1	1	3	2	1	3	3	3	3	3	3	3	3
CO3	3	3	2	2	3	2	3	3	3	3	3	3	3	3	3
CO4	3	3	2	2	3	3	3	3	3	3	3	3	3	3	2
CO5	3	2	2	2	3	3	2	3	3	3	3	3	3	3	2
CO6	3	2	2	2	3	2	3	3	3	3	3	3	3	3	3
CO7	3	3	1	3	3	2	2	3	3	3	3	3	3	3	2
CO8	3	3	3	3	3	3	2	3	3	3	3	3	3	3	3

1- Low Correlation; 2- Moderate Correlation; 3- Substantial Correlation

Name & Sign of Program Coordinator

Sign & Seal of HoD



Effective from Session: 2024-2025							
Course Code	A090604R/HS332	Title of the Course	Research Project	L	T	P	C
Year	III	Semester	VI	0	0	3	3
Pre-Requisite	Only for psychology students	Co-requisite	None				
Course Objectives	After completing this practicum, students will have a comprehensive understanding about carrying out research project, how to frame research objectives and questions, plan, decide and execute appropriate methods of research and intended data analysis.						

Unit No.	Unit Title	Content of Unit	Contact Hrs.	Mapped CO
1	Field Visit data collection	Based on Field visit observations and experiences, the learner get in semester 5, plan to visit to identified unit, organization, community, etc. to get an understanding of the same and do the data collection either through questionnaire, or interview or with the help of audio-visual medium based on the identified research problems/issues.	25	1
2	Report writing	Analyze the data and submit a detailed report and a presentation. The student will work in groups in completing the project, but will write the final paper individually. Each student will be evaluated on diligence in writing the research project as per APA guidelines.	20	2

Suggested Continuous evaluation methods	
Making a short film or presentation of observed unit (20 marks)	
Attendance (5 marks)	

PO-PSO CO	PO1	PO2	PO3	PO4	PO5	PO6	PO7	PSO1	PSO2	PSO3	PSO4	PSO5	PSO6	PSO7	PSO8
CO1	2	3	3	3	3	2	1	3	1	3	2	3	2	2	3
CO2	3	2	3	2	2	1	3	3	2	2	1	3	1	3	1

Name & Sign of Program Coordinator	Sign & Seal of HoD
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Effective from Session: 2024-2025							
Course Code	A090603P/H S331	Title of the Course	Survey/Field Visit	L	T	P	C
Year	III	Semester	VI	0	0	2	2
Pre-Requisite	Open to all	Co-requisite	None				
Course Objectives	To make the students have an understanding about how to frame research objectives and questions, plan, decide and execute appropriate methods of research, data analysis, interpretation and discussion of the findings.						

Course Outcomes	
CO1	To train students to enhance their practical skills to practice and maintain mental health
CO2	To enable students to learn the art of conducting surveys

Unit No.	Unit Title	Content of Unit	Contact Hrs.	Mapped CO
1	Field Visit	Field visit to any Community Center/Social Service Center/School and submit a report (10-12 students group can be formed)	15	1
2	Survey Report	Conduct a survey on any Health-related issues and submit the report (10-12 students group can be formed)	15	2

Suggested Continuous Evaluation Methods	
Presentation practical file (20 marks)	
Attendance (5 marks)	

PO- PSO CO	PO1	PO2	PO3	PO4	PO5	PO6	PO7	PSO1	PSO2	PSO3	PSO4	PSO5	PSO6	PSO7	PSO8
CO1	2	3	3	3	3	2	1	3	1	3	2	3	2	2	3
CO2	3	2	3	2	2	1	3	3	2	2	1	3	1	3	1

Name & Sign of Program Coordinator	Sign & Seal of HOD
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Effective from Session:2024-25

Course Code	A090602T/HIS330	Title of the Course	Counseling Psychology	L	T	P	C
Year	III	Semester	VI	4	0	0	4
Pre-Requisite	Intermediate (10+2)	Co-requisite	None				

Course Objectives Students will able to understand how to establish rapport and use various approaches in counseling.

Course Outcomes

CO1	Understanding about the Counseling Psychology and its concepts, and principles Types.
CO2	Enable to understand Psychoanalytic theory and use of Cognitive-Behavioral; Indian Contribution to Counseling
CO3	Knack to link up theory with individual experiences and varied applied settings of counseling Processes.
CO4	Understanding about the structural theoretical and functional dynamics of counseling processes and Counseling Techniques.
CO5	Gain knowledge of the important processes and principles of Counseling in Schools and Family Counseling.
CO6	Knowledge about the structural components and functional dynamics of Career, Marriage Counseling:
CO7	Development skills enhancement of the Counseling for Substance-abuse: Child Abuse.
CO8	Development of Counseling Ethics; Referrals and Reporting in understanding human behavior.

Unit No	Title of the Unit	Content of Unit	Contact Hrs.	Mapped CO
1	Counseling:	Counseling: Meaning, Goals; Types of Counseling: An Overview.	7	CO1
2	Theoretical Bases of Counseling:	Psychoanalytic; Phenomenological, Cognitive-Behavioral; Indian Contribution to Counseling	8	CO2
3	Counseling Processes:	Counseling Interview; Counseling Micro Skills; Attending, Paraphrasing, Encouragers, Confronting and Summarizing.	8	CO3
4	Counseling Techniques:	Person- Centered and Cognitive Behavioral (Beck and Albert Allis).	7	CO4
5	Counseling in Schools, Family Counseling Career, Marriage Counseling:	An Introduction Counseling in Schools and Family Counseling: Assumptions and Procedures. Career, Marriage and Group Counseling.	8	CO5
6	Counseling in the Indian Context	Guidance and Counseling, Characteristics of Counseling, Perspectives of Counseling, Origin of Counseling Movement in India.	8	CO6
7	Counseling for Substance-abuse:	Counseling for Substance-abuse, Child Abuse: An Introduction	7	CO7
8	Counseling Ethics:	Counseling Ethics; Referrals and Reporting	7	CO8

Reference Books:

- Edward, N. (2011). Counseling Theory and Practice. Cengage Learning.
- Gelso, C. J. & Pretz, B.R. (1995). Counseling Psychology. Bangalore: Prism Books Pvt. Ltd.
- Gibson, R. L. & Mitchell, M.H. (2005). Introduction to Counseling and Guidance (6th Ed.) Pearson Education.
- Kapur, Malavika (2011). Counseling Children with Psychological Problems. Pearson Publications.
- Nelson-Jones, R. (2011). Theory and Practice of Counseling & Therapy. New Delhi: sage South Asia Edition.
- Patri,V. R. (2008). Counseling Psychology. New Delhi: Authors Press.

e-Learning Source:

Suggestive digital platforms weblinks- <https://egyankosh.ac.in/handle/123456789/23640>
<https://egyankosh.ac.in/bitstream/123456789/23934/1/Unit-4.pdf>
<http://www.apa.org>

Suggested equivalent online courses: Coursera, Swayam

Course Articulation Matrix: (Mapping of COs with POs and PSOs)

PO-PSO CO	PO1	PO2	PO3	PO4	PO5	PO6	PO7	PSO1	PSO2	PSO3	PSO4	PSO5	PSO6	PSO7	PSO8
CO1	3	2	2	2	2	3	2	3	2	1	2	2	2	1	3
CO2	2	3	1	1	3	2	1	3	2	3	2	1	3	2	1
CO3	1	2	2	2	3	2	3	1	3	1	3	3	1	3	3
CO4	3	3	2	2	3	1	3	2	3	3	2	2	2	2	2
CO5	2	2	2	2	3	3	2	3	3	2	3	1	3	2	2
CO6	3	2	2	2	3	2	3	1	2	3	1	3	2	3	1
CO7	2	3	1	3	2	2	2	3	3	2	3	1	2	2	2
CO8	3	2	3	2	3	3	2	3	2	1	3	1	2	3	3

1- Low Correlation; 2- Moderate Correlation; 3- Substantial Correlation

Name & Sign of Program Coordinator	Sign & Seal of HoD
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Effective from Session: 2024-2025

Course Code	A090606T/ HS335	Title of the Course	Criminal Psychology	L	T	P	C
Year	III	Semester	VI	4	0	0	4
Pre-Requisite	10+2	Co-requisite	None				
Course Objectives	To acquaint students with the field of criminal psychology and understanding of the origin of criminal behavior						
Course Outcomes							
CO1	Understand the meaning and purpose of criminal psychology						
CO2	Understand the nature and theories of crime						
CO3	Understand the psychological disorders of criminal behavior.						
CO4	Understand the criminal behavior and drug related crime.						
CO5	Understand the developmental perspectives on juvenile delinquency.						
CO6	Understand the Basics of criminal profiling.						
CO7	Understand the meaning, and Scope of brain imaging:						
CO8	Understand the strategies to prevent the crime.						

Unit No.	Title of the Unit	Content of Unit	Contact Hrs.	Mapped CO
1	Introduction	Meaning , purpose and scope of criminal psychology, Definition of criminal behavior, mental illness and crime	8	CO1
2	Theories of Crime and Criminal Behavior	Theories of Crime: Psychological, Social and Biological theories Historical background of Criminal Psychology and crime trends in India.	6	CO2
3	Psychological Disorders and Criminal Behavior	Psychopathy, Juvenile delinquency. Mentally ill offender. Serial killers & Rampage killers,	8	CO3
4	Criminal Behavior and Drug Related Crime	Psychology of aggression and violence. Drugs and Crime. Cyber-crimes, bullying, harassment, stalking.	7	CO4
5	Juvenile Delinquency and Developmental Psychology	Developmental perspectives on juvenile delinquency. Risk factors and protective factors. Intervention and prevention strategies for juvenile offenders	9	CO5
6	Criminal Profiling	Introduction to criminal profiling. Techniques and methods used in criminal profiling. Criticisms and limitations of criminal profiling	8	CO6
7	Meaning, and Scope of Brain Imaging	Definition meaning and scope of Brain Imaging: techniques in brain imaging. Application of Narcoanalysis . Application of Lie -detector/polygraph	6	CO7
8	Crime and Prevention	Crime prevention topologies; Primary, secondary and tertiary. Reformation and rehabilitation.	8	CO8

Reference Books:

Douglas, J. E., Burgess, A. W., Burgess, A. G., & Ressler, R. K. (1992). Crime Classification Manual: A Standard System for Investigating and Classifying Violent Crimes. Jossey-Bass.

Suryanarayana, N.V.S, Himabindu Goteti, Neelima V. (2011). Cyber Psychology. Sonali Publications, New Delhi- 110 002

A. (2012). Studies on Criminological Psychology. G.S. Rawat for Ceber Tech Publications. New Delhi- 110 002

Bachhav, Aun M. (2012). Criminal Psychology. Chandra Lok Prakashan, Kanpur -208021 Bharati.

e-Learning Source:
Course Articulation Matrix: (Mapping of COs with POs and PSOs)

PO-PSO CO	PO1	PO2	PO3	PO4	PO5	PO6	PO7	PSO1	PSO2	PSO3	PSO4	PSO5	PSO6	PSO7	PSO8
CO1	1	2	2	1	2	3	1	2	3	2	2	2	3	3	3
CO2	2	1	1	2	2	1	1	3	3	2	1	2	2	3	2
CO3	3	2	2	1	1	3	1	1	3	2	2	2	1	1	1
CO4	2	2	2	3	2	2	3	2	3	2	2	2	2	3	2
CO5	1	2	3	1	3	2	2	1	1	2	1	2	2	3	2
CO6	3	2	2	3	3	2	3	1	2	1	2	2	3	2	3
CO7	2	2	2	2	2	2	2	2	1	1	1	2	2	3	2
CO8	1	2	2	2	3	2	2	3	3	2	2	2	1	2	2

1- Low Correlation; 2- Moderate Correlation; 3- Substantial Correlation

Name & Sign of Program Coordinator

Sign & Seal of HoD

Effective from Session: 2024-25							
Course Code	A090605T/ HS333	Title of the Course	CLINICAL PSYCHOLOGY	L	T	P	C
Year	III	Semester	VI	4	0	0	4
Pre-Requisite	Intermediate (10+2)	Co-requisite	None				
Course Objectives	This course is intended to provide students an overview of the field of clinical psychology. Students will be exposed to information regarding the history of the science, as well as contemporary clinical psychology.						

Course Outcomes	
CO1	This course will help students to understand what clinical psychology is, and what the fields of psychology are.
CO2	To train students how to do clinical diagnosis by using different methods.
CO3	To get acquainted with the competence models in clinical psychology
CO4	Understanding about the Community Interventions
CO5	Gain knowledge of the nature and principles of Health Psychology as well as the models of Health Psychology.
CO6	Knowledge about the Health Behaviours and Health Belief Model
CO7	Understanding of the Approaches and Types of Therapy
CO8	Enable to understand Contemporary Issues.

Unit No.	Title of the Unit	Content of Unit	Contact Hrs.	Mapped CO
1	Introduction to Clinical Psychology	Meaning and nature of discipline, Scope and Historical Development of Clinical Psychology.	7	CO1
2	Subspecialties of Clinical Psychology	Clinical Neuropsychology, Clinical Forensic Psychology, and Clinical Health Psychology	6	CO2
3	Diagnostic Techniques	Nature And Purpose Of Clinical Diagnosis And Assessment, Behavioral Assessment And Case Study, Psychological Assessment: Interviewing And Observing Behavior, Cognitive And Personality Assessment	8	CO3
4	Psychotherapy	Definition, Goals and Stages of Psychotherapy, Essential Process in Psychotherapy, Models of Psychotherapy: Individual Therapy, Group Therapy, Couples Therapy, Family Therapy	8	CO4
5	Approaches to Therapy	Psychoanalytic Therapy, Rogers Client Centered Therapy, Guru-Chela relationship, Islamic Psychotherapy: an indigenous approach	7	CO5
6	Therapeutic Models in Clinical Psychology	Behavioural Approaches, Cognitive Therapy And Cognitive-Behaviour Therapy, Psychodynamic Therapy	7	CO6
7	Issues related to Clinical Psychology	Ethical and Legal Issues in Clinical Psychology	6	CO7
8	Contemporary Issues	Professional Activities of Clinical Psychologist; Organizations in Clinical Psychology;	8	CO8

Reference Books:

- Llewelyn, S., Murphy, D. (Eds.) (2014). What is clinical psychology? Oxford UK: Oxford University Press.
- Bellack, A. S., & Hersen, M. (1980). Introduction to clinical psychology. New York: Oxford University Press. • Korchin, S. J. (1986). Modern clinical psychology. Delhi: CRR Publishers and Distributors.
- Ray, S. D. (1996). The practice of psychotherapy. New Delhi: New Age International.

e-Learning Source: Suggestive digital platforms web links- <http://www.apa.org> <http://heecontent.upsdc.gov.in/Home.aspx>

Course Articulation Matrix: (Mapping of COs with POs and PSOs)															
PO-PSO CO	PO1	PO2	PO3	PO4	PO5	PO6	PO7	PSO1	PSO2	PSO3	PSO4	PSO5	PSO6	PSO7	PSO8
CO1	3	2	2	2	2	3	2	3	3	3	2	2	2	3	3
CO2	3	3	1	1	3	2	1	3	3	3	3	3	3	3	3
CO3	3	3	2	2	3	2	3	3	3	3	3	3	3	3	3
CO4	3	3	2	2	3	3	3	3	3	3	3	3	3	3	2
CO5	3	2	2	2	3	3	2	3	3	3	3	3	3	3	2
CO6	3	2	2	2	3	2	3	3	3	3	3	3	3	3	3
CO7	3	3	1	3	3	2	2	3	3	3	3	3	3	3	2
CO8	3	3	3	3	3	3	2	3	3	3	3	3	3	3	3

1- Low Correlation; 2- Moderate Correlation; 3- Substantial Correlation

Name & Sign of Program Coordinator	Sign & Seal of HoD
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Effective from Session: 2024-2025							
Course Code	A090606T/HS 334	Title of the Course	Forensic Psychology	L	T	P	C
Year	III	Semester	VI	4	0	0	4
Pre-Requisite	10+2	Co-requisite	None				
Course Objectives	To acquaint students with the basic concepts of forensic Psychology To develop an understanding of application of forensic Psychology						
Course Outcomes							
CO1	Students will be able to Recognize, understand the meaning and concept of forensic Psychology						
CO2	Students will be able to understand and explore the advantages of a career in forensic psychology,						
CO3	Students will be able to understand the functions of forensic psychologists						
CO4	Students will be able to understand legal systems and criminal behavior						
CO5	Students will be able to understand the role of forensic psychologist						
CO6	Analyze the significance of physical evidence in criminal investigations						
CO7	Understand the role and responsibilities of a forensic psychologist as an expert witness.						
CO8	Understand the legal requirements and constraints associated with interrogation.						

Unit No.	Title of the Unit	Content of Unit	Contact Hrs.	Mapped CO
1	Introduction to Forensic Psychology	Overview of Forensic Psychology, Historical development and evolution, Legal and ethical issues in forensic psychology Roles and responsibilities of forensic psychologist	8	CO1
2	Practice of Forensic Psychology	Pros and Cons of a Career in Forensic Psychology, Some Potential Attraction of Career in Forensic Psychology, Some Potential Drawbacks of Careers in Forensic Psychology	8	CO2
3	Functions of Forensic Psychologists	Malingering, Competency Evaluations, Sanity Evaluations, Sentence Mitigation	7	CO3
4	Legal Systems and Criminal Behavior	Basics of criminal law and justice systems, Types of crimes and their classification, Theories of criminal behavior, Role of forensic psychologists in the legal system	8	CO4
5	Psychopathology and Criminality	Understanding mental disorders and criminal behavior Assessment and diagnosis of mental disorders Treatment approaches for offenders with mental disorders, Forensic risk assessment	8	CO5
6	Criminal Investigations and Profiling	Crime scene analysis, Criminal profiling techniques, Behavioral evidence analysis, Case studies and real-world applications	7	CO6
7	Role of Forensic Psychologist	Criminal Investigations, Crime Analysis, Offender Profiling or Criminal Investigative Analysis, Interviewing, Detecting Deception and Eye Witness Research, Expert Witness	8	CO7
8	Interrogation and Deception	Techniques in interviewing and interrogation, False confessions and wrongful convictions, Detecting deception, Ethical considerations in interrogation	6	CO8

Reference Books:	
Davies, G. M., & Beech, A. R. (2012). Forensic Psychology: Crime, Justice, Law, Interventions. Wiley.	
Bartol, C. R., & Bartol, A. M. (2019). Introduction to Forensic Psychology: Research and Application. Sage Publications.	
O'Donohue, W., Levensky, E. R., & Barlow, D. H. (Eds.). (2013). Handbook of Forensic Psychology. Academic Press.	
Turvey, B. E. (2011). Criminal Profiling: An Introduction to Behavioral Evidence Analysis. Academic Press.	
Champion, D. J. (2015). The Juvenile Justice System: Delinquency, Processing, and the Law. Pearson.	
e-Learning Source:	

Course Articulation Matrix: (Mapping of COs with POs and PSOs)															
PO-PSO CO	PO1	PO2	PO3	PO4	PO5	PO6	PO7	PSO1	PSO2	PSO3	PSO4	PSO5	PSO6	PSO7	PSO8
CO1	1	2	2	1	2	3	1	2	3	2	2	2	3	3	3
CO2	2	1	1	2	2	1	2	2	3	3	1	2	2	3	2
CO3	2	2	1	1	2	2	2	2	1	3	2	2	1	2	2
CO4	2	2	2	2	2	2	3	2	3	2	2	2	2	2	2
CO5	1	1	2	2	1	3	1	2	2	2	2	2	3	1	3
CO6	3	2	3	3	3	2	3	1	2	1	2	2	3	2	3
CO7	2	2	2	3	2	2	3	2	3	2	1	3	2	3	2
CO8	12	2	2	2	3	2	2	3	3	2	2	2	1	1	3

1- Low Correlation; 2- Moderate Correlation; 3- Substantial Correlation

Name & Sign of Program Coordinator	Sign & Seal of HoD
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